



MR500 2010 (updated as of 240310)
Race Programme (500m) - Sunday, 28th March 2010

Event No.	Time	Event	Race	Event No.	Time	Event	Race
60	9:00	MR500 Mixed 20 Crew	Heat 1	84	12:40	NTUC (250m)	Final
61	9:10	K1 Men	Semi 1	LUNCH BREAK/ PRIZE PRESENTATION			
62	9:20	MR500 Mixed 20 Crew	Heat 2	85	13:30	MR500 Mixed 20 Crew	Semi 1
63	9:30	K1 Men	Semi 2	86	13:40	T1 Women	Final
64	9:40	MR500 Mixed 20 Crew	Heat 3	87	13:50	MR500 Mixed 20 Crew	Semi 2
65	9:50	K1 Men	Semi 3	88	14:00	T1 Men	Final
66	10:00	MR500 Mixed 20 Crew	Heat 4	89	14:10	MR500 Mixed 20 Crew	Semi 3
67	10:10	K2 Women	Semi 1	90	14:20	T2 Women	Final
68	10:20	MR500 Mixed 20 Crew	Heat 5	91	14:30	MR500 Mixed 20 Crew	Semi 4
69	10:30	K2 Women	Semi 2	92	14:40	T2 Men	Final
70	10:40	MR500 Mixed 20 Crew	Heat 6	93	14:50	C1 Men	Final
71	10:50	K2 Men	Semi 1	94	15:00	MR500 Women 20 Crew	Plate Final
72	11:00	MR500 Mixed 20 Crew	Heat 7	95	15:10	C2 Men	Final
73	11:10	K2 Men	Semi 2	96	15:20	MR500 Men 20 Crew	Plate Final
74	11:20	C1 Men	Heat 1	97	15:30	K2 Women	Final
75	11:30	MR500 Men 20 Crew	Semi 1	98	15:40	MR500 Mixed 20 Crew	Plate Final
76	11:40	C1 Men	Heat 2	99	15:50	K2 Men	Final
77	11:45	T1 Women	Semi 1	100	16:00	MR500 Mixed 20 Crew	Final
78	11:50	MR500 Men 20 Crew	Semi 2	101	16:10	K1 Women	Final
79	12:00	C1 Men	Heat 3	102	16:20	SMU Inter-School (250m)	Final
80	12:05	T1 Women	Semi 2	103	16:30	K1 Men	Final
81	12:10	MR500 Men 20 Crew	Semi 3	104		MR500 Women 20 Crew	Final
82	12:20	C2 Men	Heat 1	105	16:50	MR500 Men 20 Crew	Final
83	12:30	C2 Men	Heat 2		17:15	PRIZE PRESENTATION	



MR500 2010

9:00		MR500 Mixed 20-Crew	Event 60	Heat 1
Lane	Team Name		Position	Timing
4	RP		1	2.06.81
3	British Dragons		2	2.08.75
5	Filipino Dragons		3	2.13.88
6	Austcham 'B'		4	2.13.97
2	Punggol Central CSC		5	2.24.47
1	Kowloon Club Dragonboat Team		6	2.27.21

** 1st, 2nd and six best 3rd into semi-finals.

9:10		K1 Men	Event 61	Semi 1
Lane	Team Name		Position	Timing
3	NJC Alumni 'A'		1	1.56.65
2	SAJC 'C'		2	1.59.00
4	NJC Aumni 'B'		3	1.59.49
6	NJC 'C'		4	2.04.16
5	Endorphin 'A'		5	2.04.28
1	NJC 'B'		6	2.10.19

** 1st and 2nd into final.

9:20		MR500 Mixed 20-Crew	Event 62	Heat 2
Lane	Team Name		Position	Timing
5	NTU 'A'		1	2.04.40
4	SIM		2	2.07.75
2	Singapore Polytechnic		3	2.08.40
3	NUS 'A'		4	2.08.66
1	Canadian Dragons		5	2.17.51

** 1st, 2nd and six best 3rd into semi-finals.

9:30		K1 Men	Event 63	Semi 2
Lane	Team Name		Position	Timing
3	Hwa Chong 'A'		1	1.55.59
2	NUS Canoe 'A'		2	1.59.38
5	Hwa Chong 'B'		3	2.07.13
6	Ngee Ann Canoe 'C'		4	2.09.69
1	SP 'C'		5	2.10.32
4	SAJC 'B'		6	2.21.24

** 1st and 2nd into final.



MR500 2010

9:40		MR500 Mixed 20-Crew	Event 64	Heat 3
Lane	Team Name		Position	Timing
2	German Dragons B		1	2.08.59
5	NYP 'B'		2	2.09.60
4	SAFRA		3	2.11.18
3	AirCrew Dragonboat Club		4	2.23.69
1	Spanish Armada		5	2.25.72

** 1st, 2nd and six best 3rd into semi-finals.

9:50		K1 Men	Event 65	Semi 3
Lane	Team Name		Position	Timing
3	NUS Canoe 'B'		1	1.57.50
1	NUS Canoe 'C'		2	1.59.32
4	NJC 'A'		3	2.04.00
6	Red & Yellow 'B'		4	2.04.82
5	Red & Yellow 'A'		5	2.14.71
2	NTU Canoeing		6	WITHDRAW

** 1st and 2nd into final.

10:00		MR500 Mixed 20-Crew	Event 66	Heat 4
Lane	Team Name		Position	Timing
1	Neophytes		1	2.07.35
2	SP 'B'		2	2.09.97
3	Filipino Dragons 'B'		3	2.11.93
5	NYJC Dragonboat		4	2.13.19
4	P.A.L.S		5	2.22.10

** 1st, 2nd and six best 3rd into semi-finals.

10:10		K2 Women	Event 67	Semi 1
Lane	Team Name		Position	Timing
3	NUS Canoe 'C'		1	2.06.97
2	NJC 'B'		2	2.10.59
5	SAJC 'A'		3	2.13.68
1	SAJC 'B'		4	2.14.50
4	TP 'A'		5	2.21.22
6	SP 'A'		6	2.29.34

** 1st, 2nd and 3rd into final.



MR500 2010

10:20		MR500 Mixed 20-Crew	Event 68	Heat 5
Lane	Team Name		Position	Timing
2	Neophytes 'B'		1	2.08.82
4	SPC		2	2.10.19
3	NYP		3	2.12.87
5	American Dragons 'B'		4	2.17.94
1	German Dragons 'A'		WITHDRAW	WITHDRAW

** 1st, 2nd and six best 3rd into semi-finals.

10:30	K2 Women	Event 69	Semi 2
Lane	Team Name	Position	Timing
3	NUS Canoe 'A'	1	2.11.34
2	NJC 'C'	2	2.14.00
1	NUS Canoe 'B'	3	2.20.62
5	Hwa Chong 'A'	4	2.24.10
4	SAJC Alumni 'A'	5	2.25.79
6	SAJC Alumni 'B'	6	2.31.03

** 1st, 2nd and 3rd into final.

10:40		MR500 Mixed 20-Crew	Event 70	Heat 6
Lane	Team Name		Position	Timing
2	NTU 'B'		1	2.09.73
5	PLK		2 (2sec Pen)	2.11.69
1	British Dragons 'B'		3	2.15.06
4	Okinawa Dragonboat Club		4	2.15.28
3	Young NTUC		5	2.16.13

** 1st, 2nd and six best 3rd into semi-finals.

10:50	K2 Men	Event 71	Semi 1
Lane	Team Name	Position	Timing
3	NUS Canoe 'A'	1	1.52.50
2	SAJC 'B'	2	1.53.72
5	NUS Canoe 'C'	3	1.54.69
4	Ngee Ann Canoe 'B'	4	1.56.06
1	NJC 'C'	5	1.56.96
6	TP 'A'	6	2.01.00

** 1st, 2nd and 3rd into final.



MR500 2010

11:00		MR500 Mixed 20-Crew	Event 72	Heat 7
Lane	Team Name		Position	Timing
3	RP 'B'		1	2.08.73
4	Austcham 'A'		2	2.08.89
5	NTU 'C'		3	2.12.43
2	American Dragons		4	2.12.90
1	Gaelic Dragons		5	2.19.42

** 1st, 2nd and six best 3rd into semi-finals.

11:10		K2 Men	Event 73	Semi 2
Lane	Team Name		Position	Timing
2	Frontcatch		1	1.51.90
5	Hwa Chong 'A'		2	1.51.91
4	NJC 'A'		3	1.53.84
6	SAJC Alumni 'A'		4	1.57.63
1	NTU Canoeing 'A'		5	1.58.24
3	SIM 'B'		6	WITHDRAW

** 1st, 2nd and 3rd into final.

11:20		C1 Men	Event 74	Heat 1
Lane	Team Name		Position	Timing
2	SAJC 'A'		1	2.24.06
1	Hwa Chong 'A'		2	2.25.06
3	SAJC Alumni 'B'		3	2.31.35
6	NJC Alumni 'B'		4	2.55.00
4	SP 'B'		5	3.12.91
5	NJC 'A'		6	4.40.56

** 1st and 2nd into final.

11:30		MR500 Men 20-Crew	Event 75	Semi 1
Lane	Team Name		Position	Timing
3	SDBA Selection		1	1.55.90
4	SIM		2	2.02.84
1	Nanyang Polytechnic		3	2.02.93
2	Singapore Paddle Club		4	2.03.00
5	NYJC Dragonboat		5	2.12.81

** 1st and two best 2nd into final. Rest of 2nd, 3rd and best 4th into plate final.



MR500 2010

11:40		C1 Men	Event 76	Heat 2
Lane	Team Name		Position	Timing
3	SAJC 'B'		1	2.21.16
4	NJC 'C'		2	2.27.56
2	Endorphin 'B'		3	2.28.25
5	SAJC Alumni 'A'		4	2.47.90
6	SP 'A'		5	2.56.56
1	NUS Canoe 'A'		WITHDRAW	WITHDRAW

** 1st and 2nd into final.

11:45		T1 Women	Event 77	Semi 1
Lane	Team Name		Position	Timing
3	NJC 'B'		1	2.41.88
4	SAJC 'B'		2	2.44.13
2	Hwa Chong 'A'		3	2.45.94
1	Endorphin 'A'		4	2.50.86
5	NUS Canoe 'B'		5	2.57.12
6	SAJC Alumni 'A'		6	3.19.53

** 1st, 2nd and 3rd into final.

11:50		MR 500 Men 20 Crew	Event 78	Semi 2
Lane	Team Name		Position	Timing
3	Republic Polytechnic		1	2.01.10
4	Austcham		2	2.03.12
2	NUS 'B'		3	2.03.53
5	NTU 'B'		4	2.03.82
1	British Dragons		5	2.11.23

** 1st and two best 2nd into final. Rest of 2nd, 3rd and best 4th into plate final.

12:00		C1 Men	Event 79	Heat 3
Lane	Team Name		Position	Timing
3	NJC 'B'		1	2.19.00
5	Endorphin 'A'		2	2.22.90
4	Hwa Chong 'B'		3	2.25.12
1	NJC Alumni 'A'		4	2.31.51
2	NUS Canoe 'B'		5	2.33.62
6	-			

** 1st and 2nd into final.



MR500 2010

12:05		T1 Women	Event 80	Semi 2
Lane	Team Name		Position	Timing
3	NJC Alumni 'B'		1	2.45.75
4	NUS Canoe 'A'		2	2.50.19
2	NJC Alumni 'A'		3	2.51.03
1	NUS Canoe 'C'		4	2.51.11
5	Hwa Chong 'B'		5	2.59.82
6	SIM 'A'		6	3.07.78

** 1st, 2nd and 3rd into final.

12:10		MR500 Men 20 Crew	Event 81	Semi 3
Lane	Team Name		Position	Timing
3	NTU 'A'		1	1.59.10
4	Neophytes		2	2.00.18
6	NUS 'A'		3	2.02.31
2	PLK Paddlers		4	2.06.87
1	Punggol East CSC Naga 'A'		5	2.08.85
5	Okinawa Dragonboat Club		6	2.08.94

** 1st and two best 2nd into final. Rest of 2nd, 3rd and best 4th into plate final.

12:20		C2 Men	Event 82	Heat 1
Lane	Team Name		Position	Timing
4	Endorphin 'A'		1	2.10.38
2	Hwa Chong 'A'		2	2.12.28
1	SAJC Alumni 'A'		3	2.17.12
5	NJC Alumni 'A'		4	2.26.32
3	NJC 'A'		5	3.07.18
6	-			

** 1st, 2nd and 3rd into final.

12:30		C2 Men	Event 83	Heat 2
Lane	Team Name		Position	Timing
4	SAJC 'A'		1	2.16.60
1	Hwa Chong 'B'		2	2.18.51
2	Red & Yellow 'A'		3	2.22.85
5	NJC 'B'		4	3.40.53
3	NJC 'C'		WITHDRAW	WITHDRAW
6	-			

** 1st, 2nd and 3rd into final.



MR500 2010

12:40		NTUC (250m)	Event 84	Final
Lane	Team Name		Position	Timing
2	Young NTUC 1		1	1.10.93
4	PUB EU		2	1.12.06
3	Young NTUC 2		3	1.14.81
1	Uweei		4	1.20.42
6	UdragonsB		5	1.26.22
5	UdragonsA		6	1.26.62

Medals for top 3 placings

13:30		MR500 Mixed 20 Crew	Event 85	Semi 1
Lane	Team Name		Position	Timing
3	NTU 'A'		1	2.06.22
5	SPC		2	2.09.75
4	RP 'B'		3	2.09.77
2	British Dragons		4	2.12.88
1	Filipino Dragons 'B'		5	2.13.11
			6	

**1st and best 2nd into final. Rest of 2nd and 2 best 3rd into plate final.

13:40		T1 Women	Event 86	Final
Lane	Team Name		Position	Timing
3	NJC 'B'		1	2.38.72
2	NJC Alumni 'B'		2	2.45.19
4	SAJC 'B'		3	2.47.19
1	NUS Canoe 'A'		4	2.47.42
6	NJC Alumni 'A'		5	2.52.43
5	Hwa Chong 'A'		6	2.52.46

Medals for top 3 placings

13:50		MR500 Mixed 20 Crew	Event 87	Semi 2
Lane	Team Name		Position	Timing
4	Neophytes 'B'		1	2.06.03
2	Austcham 'A'		2	2.07.16
3	RP		3	2.07.66
5	PLK		4	2.10.88
1	NTU 'C'		5	2.11.64

**1st and best 2nd into final. Rest of 2nd and 2 best 3rd into plate final.



MR500 2010

14:00		T1 Men	Event 88	Final
Lane	Team Name		Position	Timing
2	Frontcatch		1	2.19.75
3	NUS Canoe 'B'		2	2.20.62
1	NTU Canoeing 'A'		3	2.25.81
4	NUS Canoe 'A'		4	2.36.25
5	NUS Canoe 'C'		5	2.42.03
6	Endorphin 'B'		6	2.58.72

Medals for top 3 placings

14:10		MR500 Mixed 20 Crew	Event 89	Semi 3
Lane	Team Name		Position	Timing
3	Neophytes		1	2.06.72
4	NTU 'B'		2	2.11.94
2	NYP 'B'		3	2.12.34
5	Singapore Polytechnic		4	2.12.85
1	NYP 'A'		5	2.13.47
			6	

**1st and best 2nd into final. Rest of 2nd and 2 best 3rd into plate final.

14:20		T2 Women	Event 90	Final
Lane	Team Name		Position	Timing
3	SAJC 'A'		1	2.33.31
5	SAJC 'B'		2	2.41.41
4	NUS Canoe 'A'		3	2.45.25
2	NUS Canoe 'B'		4	2.45.38
1	SIM 'A'		5	2.57.56
6	SIM 'B'		6	3.13.21

Medals for top 3 placings

14:30		MR500 Mixed 20 Crew	Event 91	Semi 4
Lane	Team Name		Position	Timing
4	SIM		1	2.07.50
3	German Dragons 'B'		2	2.07.78
5	SAFRA		3	2.10.88
2	SP 'B'		4	2.11.88
1	Filipino Dragons		5	2.13.94

**1st and best 2nd into final. Rest of 2nd and 2 best 3rd into plate final.



MR500 2010

14:40		T2 Men	Event 92	Final
Lane	Team Name		Position	Timing
3	SIM 'B'		1	2.16.44
2	Ngee Ann Canoe 'B'		2	2.17.93
1	NUS Canoe 'A'		3	2.18.10
4	Red & Yellow 'A'		4	2.19.50
5	TP 'B'		5	2.24.65
6	TP 'A'		6	2.29.03

Medals for top 3 placings

14:50		C1 Men	Event 93	Final
Lane	Team Name		Position	Timing
4	SAJC 'B'		1	2.19.94
3	NJC 'B'		2	2.21.00
2	SAJC 'A'		3	2.23.59
1	Hwa Chong 'A'		4	2.24.69
6	NJC 'C'		5	2.31.62
5	Endorphin 'A'		6	2.54.94

Medals for top 3 placings

15:00		MR500 Women 20 Crew	Event 94	Plate Final
Lane	Team Name		Position	Timing
3	Nanyang Polytechnic		1	2.22.53
1	British Dragons		2	2.24.73
4	SP		3	2.25.69
2	PLK Paddlers		4	2.26.68
5	American Dragons		5	2.32.69

Medals for 1st place only

15:10		C2 Men	Event 95	Final
Lane	Team Name		Position	Timing
3	Endorphin 'A'		1	2.10.41
2	Hwa Chong 'A'		2	2.12.34
4	SAJC 'A'		3	2.13.56
1	SAJC Alumni 'A'		4	2.19.07
5	Hwa Chong 'B'		5	2.26.09
6	Red & Yellow 'A'		6	2.32.53

Medals for top 3 placings



MR500 2010

15:20		MR500 Men 20 Crew	Event 96	Plate Final
Lane	Team Name		Position	Timing
1	Singapore Paddle Club		1	2.03.46
4	NUS 'A'		2	2.05.97
2	Nanyang Polytechnic		3	2.06.38
3	Austcham		4	2.07.37
5	NUS 'B'		5	2.07.82

Medals for 1st place only

15:30		K2 Women	Event 97	Final
Lane	Team Name		Position	Timing
3	NUS Canoe 'C'		1	2.05.10
4	NUS Canoe 'A'		2	2.09.72
2	NJC 'B'		3	2.10.28
1	SAJC 'A'		4	2.13.66
5	NJC 'C'		5	2.15.81
6	NUS Canoe 'B'		6	2.32.21

Medals for top 3 placings

15:40		MR500 Mixed 20 Crew	Event 98	Plate Final
Lane	Team Name		Position	Timing
4	SPC		1	2.11.25
3	German Dragons 'B'		2	2.12.35
2	NTU 'B'		3	2.15.21
1	RP 'B'		WITHDRAW	WITHDRAW
5	RP		WITHDRAW	WITHDRAW

Medals for 1st place only

15:50		K2 Men	Event 99	Final
Lane	Team Name		Position	Timing
4	NUS Canoe 'A'		1	1.51.62
1	NJC 'A'		2	1.52.78
5	SAJC 'B'		3	1.52.81
3	Frontcatch		4	1.54.06
6	NUS Canoe 'C'		5	1.54.19
2	Hwa Chong 'A'		6	1.55.91

Medals for top 3 placings



MR500 2010

16:00		MR500 Mixed 20 Crew	Event 100	Final
Lane	Team Name		Position	Timing
4	NTU 'A'		1	2.05.13
3	Neophytes 'B'		2	2.05.34
1	Austcham 'A'		3	2.07.90
2	Neophytes		4	2.09.16
5	SIM		5	2.09.44

Medals for top 3 placings

16:10		K1 Women	Event 101	Final
Lane	Team Name		Position	Timing
1	NJC 'B'		1	2.14.40
2	NUS Canoe 'A'		2	2.19.97
4	NUS Canoe 'C'		3	2.21.19
3	NJC 'C'		4	2.27.53
5	TP 'B'		5	WITHDRAW
6	TP 'A'		6	WITHDRAW

Medals for top 3 placings

16:20		SMU Inter-School	Event 102	Final
Lane	Team Name		Position	Timing
2	School of Accountancy		1	1.05.97
1	School of Business		2	1.09.32
5	School of Economics		3	1.11.00
4	School of Information Systems		4	1.11.06
3	School of Law		5	1.20.87

Medals for top 3 placings

16:30		K1 Men	Event 103	Final
Lane	Team Name		Position	Timing
3	Hwa Chong 'A'		1	1.55.06
2	NUS Canoe 'B'		2	1.59.22
4	NJC Alumni 'A'		3	1.59.47
6	NUS Canoe 'A'		4	2.01.81
5	SAJC 'C'		5	2.03.18
1	NUS Canoe 'C'		6	2.11.58

Medals for top 3 placings



MR500 2010

16:40	MR500 Women 20 Crew	Event 104	Final
Lane	Team Name	Position	Timing
3	NUS 'A'	1	2.13.00
1	Neophytes	2	2.19.66
5	SPC	3	2.19.72
4	NTU 'A'	4	2.21.41
2	Republic Polytechnic	5	2.22.43

Medals for top 3 placings

16:50	MR500 Men 20 Crew	Event 105	Final
Lane	Team Name	Position	Timing
3	SDBA Selection	1	1.53.69
4	NTU 'A'	2	1.57.84
2	Republic Polytechnic	3	1.58.06
5	Neophytes	4	1.58.13
1	SIM	5	1.59.90
		6	

Medals for top 3 placings