



MR500 2010 (updated as of 240310)
Race Programme (500m) - Saturday, 27th March 2010

Event No.	Time	Event	Race	Event No.	Time	Event	Race
1	9:00	K1 Men	Heat 1	31	12:30	MR500 Men 20 Crew	Heat 1
2	9:05	K1 Men	Heat 2	32	12:40	K2 Men	Heat 2
3	9:10	MR500 Inter- Club Crew	Heat 1	33	12:50	MR500 Men 20 Crew	Heat 2
4	9:20	K1 Men	Heat 3	34	13:00	K2 Men	Heat 3
5	9:25	K1 Men	Heat 4	35	13:10	MR500 Men 20 Crew	Heat 3
6	9:30	MR500 Inter- Club Crew	Heat 2	36	13:20	K2 Men	Heat 4
7	9:40	K1 Men	Heat 5	37	13:30	MR500 Men 20 Crew	Heat 4
8	9:45	K1 Men	Heat 6	38	13:40	K2 Men	Heat 5
9	9:50	MR500 Inter- Club Crew	Heat 3	39	13:50	MR500 Men 20 Crew	Heat 5
10	10:00	K1 Men	Heat 7	LUNCH BREAK			
11	10:05	K1 Women	Heat 1	40	15:00	MR500 Tertiary/JC Women 12 Crew	Heat 1
12	10:10	MR500 Inter- Club Crew	Heat 4	41	15:10	T2 Women	Heat 1
13	10:20	K1 Women	Heat 2	42	15:20	MR500 Tertiary/JC Women 12 Crew	Heat 2
14	10:25	K1 Women	Heat 3	43	15:30	T2 Women	Heat 2
15	10:30	MR500 Inter- Corporate Crew	Heat 1	44	15:40	MR500 Inter- Club Crew	Semi 1
16	10:40	T1 Men	Heat 1	45	15:50	K2 Women	Heat 1
17	10:45	T1 Men	Heat 2	46	16:00	MR500 Inter- Club Crew	Semi 2
18	10:50	MR500 Inter- Corporate Crew	Heat 2	47	16:10	MR500 Tertiary/JC Men 20 Crew	Heat 1
19	11:00	T1 Men	Heat 3	48	16:20	K2 Women	Heat 2
20	11:05	T1 Women	Heat 1	49	16:30	MR500 Tertiary/JC Men 20 Crew	Heat 2
21	11:10	MR500 Inter- Corporate Crew	Heat 3	50	16:40	K2 Women	Heat 3
22	11:20	T1 Women	Heat 2	51	16:50	MR500 Inter- Corporate Crew	Plate Final
23	11:25	T1 Women	Heat 3	52	17:00	K2 Women	Heat 4
24	11:30	MR500 Women 20 Crew	Heat 1	53	17:10	MR500 Inter- Corporate Crew	Final
25	11:40	T1 Women	Heat 4	54	17:20	K4 Women	Final
26	11:50	MR500 Women 20 Crew	Heat 2	55	17:30	MR500 Tertiary/JC Women 12 Crew	Final
27	12:00	T2 Men	Heat 1	56	17:40	K4 Men	Final
28	12:05	T2 Men	Heat 2	57	17:50	MR500 Inter- Club Crew	Plate Final
29	12:10	MR500 Women 20 Crew	Heat 3	58	18:05	MR500 Inter- Club Crew	Final
30	12:20	K2 Men	Heat 1	59	18:20	MR500 Tertiary/JC Men 20 Crew	Final
					18:40	PRIZE GIVING	



MR500 2010

9:00		K1 Men	Event 1	Heat 1
Lane	Team Name		Position	Timing
1	Endorphin 'B'			
2	NJC 'A'			
3	Red & Yellow 'A'			
4	SP 'A'			
5	LKC 'A'			
6	Hwa Chong 'C'			

** 1st, 2nd and four best 3rd into semi-finals

9:05		K1 Men	Event 2	Heat 2
Lane	Team Name		Position	Timing
1	Purple Canoeing Team 'A'			
2	Endorphin 'A'			
3	NJC Alumni 'B'			
4	Red & Yellow 'C'			
5	Ngee Ann Canoe 'C'			

** 1st, 2nd and four best 3rd into semi-finals

9:10		MR500 Inter- Club Crew	Event 3	Heat 1
Lane	Team Name		Position	Timing
1	Gaelic Dragons			
	AirCrew Dragonboat Club 'A' (withdraw)			
2	Neophytes			
3	American Dragons 'A'			
4	German Dragons 'A'			
5	Punggol East CSC Naga			

** 1st, 2nd and two best 3rd into semi- finals

9:20		K1 Men	Event 4	Heat 3
Lane	Team Name		Position	Timing
1	NYJC Kayak 'A'			
2	SAJC Alumni 'B'			
3	Purple Canoeing Team 'B'			
4	SP 'C'			
5	SAJC 'B'			

** 1st, 2nd and four best 3rd into semi-finals



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9:25		K1 Men	Event 5	Heat 4
Lane	Team Name		Position	Timing
1	Red & Yellow 'B'			
2	NUS Canoe 'B'			
3	Ngee Ann Canoe 'B'			
4	NJC Alumni 'C'			
5	Hwa Chong 'B'			
6	Endorphin 'C'			

** 1st, 2nd and four best 3rd into semi-finals

9:30		MR500 Inter- Club Crew	Event 6	Heat 2
Lane	Team Name		Position	Timing
1	P.A.L.S			
2	Hewlett-Packard			
3	Spanish Armada			
4	Pink Spartans			
5	Austcham 'A'			
6				

** 1st, 2nd and two best 3rd into semi- finals

9:40		K1 Men	Event 7	Heat 5
Lane	Team Name		Position	Timing
1	SIM 'A'			
2	NUS Canoe 'A'			
3	TP 'B'			
4	NJC 'C'			
5	Hwa Chong 'A'			
6	SAJC 'A'			

** 1st, 2nd and four best 3rd into semi-finals

9:45		K1 Men	Event 8	Heat 6
Lane	Team Name		Position	Timing
1	SAJC Alumni 'A'			
2	SP 'B'			
3	TP 'C'			
4	Ngee Ann Canoe 'A'			
5	SAJC 'C'			
6	NJC 'B'			

** 1st, 2nd and four best 3rd into semi-finals



MR500 2010

9:50		MR500 Inter-Club Crew	Event 9	Heat 3
Lane	Team Name		Position	Timing
1	Filipino Dragons 'A'			
2	SAFRA			
3	Okinawa Dragonboat Club			
4	AirCrew Dragonboat Club 'B'			
5	Kowloon Club Dragonboat Team			
6	Singapore Paddle Club			

** 1st, 2nd and two best 3rd into semi- finals

10:00		K1 Men	Event 10	Heat 7
Lane	Team Name		Position	Timing
1	SIM 'B'			
2	TP 'A'			
3	NJC Alumni 'A'			
4	NUS Canoe 'C'			
5	NTU Canoeing			

** 1st, 2nd and four best 3rd into semi-finals

10:05		K1 Women	Event 11	Heat 1
Lane	Team Name		Position	Timing
1	SAJC 'A'			
2	NJC 'B'			
3	SAJC Alumni 'B'			
4	NYJC Kayak 'C'			
5	NUS Canoe 'C'			
6	Hwa Chong 'A'			
7	NJC Alumni 'B'			

** 1st and 2nd into finals

10:10		MR500 Inter- Club Crew	Event 12	Heat 4
Lane	Team Name		Position	Timing
1	PLK			
2	British Dragons			
3	German Dragons 'B'			
4	Filipino Dragons 'B'			
5	Punggol Central CSC			
6	Austcham 'B'			

** 1st, 2nd and two best 3rd into semi- finals



10:20		K1 Women	Event 13	Heat 2
Lane	Team Name		Position	Timing
1	TP 'B'			
2	NJC Alumni 'C'			
3	SAJC 'B'			
4	NJC 'C'			
5	NYJC Kayak 'B'			
6	NUS Canoe 'B'			
7	SAJC Alumni 'A'			

** 1st and 2nd into finals

10:25		K1 Women	Event 14	Heat 3
Lane	Team Name		Position	Timing
1	NUS Canoe 'A'			
2	NJC Alumni 'A'			
3	TP 'A'			
4	SAJC 'C'			
5	NJC 'A'			
6	NYJC Kayak 'A'			

** 1st and 2nd into finals

10:30		MR500 Inter- Corporate Crew	Event 15	Heat 1
Lane	Team Name		Position	Timing
1	Hewlett-Packard 'B'			
2	AirCrew Dragonboat Club 'A'			
3	KRC 'A'			
4	Petrochemical			
5	Standard Chartered Bank			
6	SDBA Women (time trial only)			

**1st and two best 2nd into finals. Rest of 2nd, all 3rd and best 4th into plate finals

10:40		T1 Men	Event 16	Heat 1
Lane	Team Name		Position	Timing
1	HCI 'A'			
2	SAJC Alumni 'A'			
3	NUS Canoe 'A'			
4	SIM 'A'			
5	Ngee Ann Canoe 'A'			
6	Endorphin 'C'			

**1st and two best 2nd into finals.



MR500 2010

10:45		T1 Men	Event 17	Heat 2
Lane	Team Name	Position	Timing	
1	HCI 'C'			
2	SAJC Alumni 'B'			
3	NUS Canoe 'B'			
4	Ngee Ann Canoe 'B'			
5	Endorphin 'B'			
6	NTU Canoeing 'B'			

**1st and two best 2nd into finals.

10:50		MR500 Inter- Corporate Crew	Event 18	Heat 2
Lane	Team Name	Position	Timing	
1	DSO			
2	KRC B			
3	AirCrew Dragonboat Club 'C'			
4	Banks of America 'A'			
5	-			

**1st and two best 2nd into finals. Rest of 2nd, all 3rd and best 4th into plate finals

11:00		T1 Men	Event 19	Heat 3
Lane	Team Name	Position	Timing	
1	LKC 'A'			
2	Endorphin 'A'			
3	SAJC 'B'			
4	Ngee Ann Canoe 'C'			
5	NUS Canoe 'C'			
6	NTU Canoeing 'A'			

**1st and two best 2nd into finals.

(immediately proceed to race Event 19a, T1 Men Heat 4)

11:05		T1 Women	Event 20	Heat 1
Lane	Team Name	Position	Timing	
1	LKC 'B'			
2	NJC 'C'			
3	SIM 'A'			
4	Ngee Ann Canoe 'A'			
5	Hwa Chong 'B'			
6	NUS Canoe 'A'			

**1st and 2nd into finals



MR500 2010

11:10		MR500 Inter- Corporate Crew	Event 21	Heat 3
Lane	Team Name		Position	Timing
1	PSRC			
2	Banks of America 'B'			
3	Hewlett-Packard 'A'			
4	AirCrew Dragonboat Club 'B'			
5	-			

**1st and two best 2nd into finals. Rest of 2nd, all 3rd and best 4th into plate finals

11:20		T1 Women	Event 22	Heat 2
Lane	Team Name		Position	Timing
1	SAJC Alumni 'A'			
2	SIM 'B'			
3	NUS Canoe 'B'			
4	SAJC 'B'			
5	LKC 'C'			
6	Hwa Chong 'C'			

**1st and 2nd into finals

11:25		T1 Women	Event 23	Heat 3
Lane	Team Name		Position	Timing
1	Endorphin 'A'			
2	NJC Alumni 'B'			
3	NJC 'A'			
4	Hwa Chong 'A'			
5	SAJC 'A'			
6	SAJC Alumni 'B'			

**1st and 2nd into finals

11:30		MR500 Women 20 Crew	Event 24	Heat 1
Lane	Team Name		Position	Timing
1	SPC			
2	NTU 'A'			
3	SP			
4	British Dragons			
5	-			

**1st, two best 2nd into finals. Rest of 2nd, 3rd and best 4th into plate final



MR500 2010

11:40		T1 Women	Event 25	Heat 4
Lane	Team Name	Position	Timing	
1	LKC 'A'			
2	NJC Alumni 'A'			
3	Endorphin 'B'			
4	NJC 'B'			
5	NUS Canoe 'C'			

**1st and 2nd into finals

11:50		MR500 Women 20 Crew	Event 26	Heat 2
Lane	Team Name	Position	Timing	
1	Kowloon Club Dragonboat Team			
2	American Dragons			
3	Neophytes			
4	NUS 'A'			
5	-			

**1st, two best 2nd into finals. Rest of 2nd, 3rd and best 4th into plate final

12:00		T2 Men	Event 27	Heat 1
Lane	Team Name	Position	Timing	
1	SIM 'A'			
2	Ngee Ann Canoe 'B'			
3	NUS Canoe 'C'			
4	Endorphin 'A'			
5	TP 'B'			
6	Red & Yellow 'A'			
7	NTU Canoeing 'A'			

** 1st, 2nd and 3rd into finals

12:05		T2 Men	Event 28	Heat 2
Lane	Team Name	Position	Timing	
1	NUS Canoe 'A'			
2	SIM 'B'			
3	NUS Canoe 'B'			
4	TP 'A'			
5	Ngee Ann Canoe 'A'			
6	NTU Canoeing 'B'			
7	Hwa Chong Institution (College)			

** 1st, 2nd and 3rd into finals



MR500 2010

12:10		MR500 Women 20 Crew	Event 29	Heat 3
Lane	Team Name	Position	Timing	
1	Nanyang Polytechnic			
2	PLK Paddlers			
3	Republic Polytechnic			
4	Filipino Dragons (Singapore)			
5	-			

**1st, two best 2nd into finals. Rest of 2nd, 3rd and best 4th into plate final

12:20		K2 Men	Event 30	Heat 1
Lane	Team Name	Position	Timing	
1	SIM 'B'			
2	SAJC Alumni 'B'			
3	TP 'A'			
4	Ngee Ann Canoe 'C'			
5	Purple Canoeing Team 'A'			
6	NJC Alumni 'B'			
7	NUS Canoe 'C'			

**1st, 2nd and two best 3rd into semi-finals

12:30		MR500 Men 20 Crew	Event 31	Heat 1
Lane	Team Name	Position	Timing	
1	Young NTUC			
2	German Dragons			
3	NYJC Dragonboat			
4	Kowloon Club Dragonboat Team			
5	British Dragons			
6	Austcham			

** 1st, 2nd and 3rd into semi-finals

12:40		K2 Men	Event 32	Heat 2
Lane	Team Name	Position	Timing	
1	TP 'B'			
2	NJC 'A'			
3	SAJC 'A'			
4	SP 'B'			
5	NUS Canoe 'B'			
6	Hwa Chong 'A'			
7	NTU Canoeing 'C'			

**1st, 2nd and two best 3rd into semi-finals



MR500 2010

12:50		MR500 Men 20 Crew	Event 33	Heat 2
Lane	Team Name		Position	Timing
1	Neophytes			
2	Punggol Central CSC			
3	Nanyang Polytechnic			
4	American Dragons			
5	SDBA Selection			
6	Punggol East CSC Naga 'B'			

** 1st, 2nd and 3rd into semi-finals

13:00		K2 Men	Event 34	Heat 3
Lane	Team Name		Position	Timing
1	Ngee Ann Canoe 'B'			
2	SIM 'A'			
3	TP 'C'			
4	Hwa Chong 'C'			
5	SAJC 'C'			
6	NJC 'C'			
7	NTU Canoeing 'B'			

**1st , 2nd and two best 3rd into semi-finals

13:10		MR500 Men 20 Crew	Event 35	Heat 3
Lane	Team Name		Position	Timing
1	PLK			
2	Punggol East CSC Naga 'A'			
3	AirCrew Dragonboat Club			
4	SIM			
5	Spanish Armada			

** 1st, 2nd and 3rd into semi-finals

13:20		K2 Men	Event 36	Heat 4
Lane	Team Name		Position	Timing
1	Endorphin 'A'			
2	Ngee Ann Canoe 'A'			
3	SAJC 'B'			
4	NJC Alumni 'A'			
5	Red & Yellow 'A'			
6	NYJC Kayak 'A'			
7	NTU Canoeing 'A'			

**1st , 2nd and two best 3rd into semi-finals



MR500 2010

13:30		MR500 Men 20 Crew	Event 37	Heat 4
Lane	Team Name	Position	Timing	
1	Singapore Paddle Club			
2	NTU 'A'			
3	P.A.L.S			
4	NUS 'A'			
5	Okinawa Dragonboat Club			

** 1st, 2nd and 3rd into semi-finals

13:40		K2 Men	Event 38	Heat 5
Lane	Team Name	Position	Timing	
1	SP 'A'			
2	SAJC Alumni 'A'			
3	NJC 'B'			
4	Hwa Chong 'B'			
5	Frontcatch			
6	NUS Canoe 'A'			
7	LKC			

**1st , 2nd and two best 3rd into semi-finals

13:50		MR500 Men 20 Crew	Event 39	Heat 5
Lane	Team Name	Position	Timing	
1	NTU 'B'			
2	SP			
3	Filipino Dragons			
4	RP			
5	NUS 'B'			
6	SDBA Women (time trial only)			

** 1st, 2nd and 3rd into semi-finals

15:00		MR500 Tertiary/JC Women 12 Crew	Event 40	Heat 1
Lane	Team Name	Position	Timing	
1	NTU			
2	NYP			
3	RP			
4	NUS			
5	-			

** 1st, 2nd and best 3rd into finals



MR500 2010

15:10		T2 Women	Event 41	Heat 1
Lane	Team Name		Position	Timing
1	SIM 'A'			
2	LKC 'A'			
3	SAJC 'B'			
4	NUS Canoe 'A'			
5	-			

** 1st, 2nd and 3rd into finals

15:20		MR500 Tertiary/JC Women 12 Crew	Event 42	Heat 2
Lane	Team Name		Position	Timing
1	NYJC			
2	SIM			
3	SP			
4	-			
5	-			

** 1st, 2nd and best 3rd into finals

15:30		T2 Women	Event 43	Heat 2
Lane	Team Name		Position	Timing
1	SIM 'B'			
2	NUS Canoe 'B'			
3	SAJC 'A'			
4	LKC 'B'			
5	-			

** 1st, 2nd and 3rd into finals

15:40		MR500 Inter-Club Crew	Event 44	Semi 1
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

**1st, 2nd and best 3rd into finals. Rest to Plate finals.



MR500 2010

15:50		K2 Women	Event 45	Heat 1
Lane	Team Name		Position	Timing
1	Hwa Chong 'A'			
2	SP 'A'			
3	NJC 'A'			
4	SAJC Alumni 'A'			
5	NYJC Kayak 'A'			
6	Frontcatch			

**1st, 2nd and 3rd to semi-finals

16:00		MR500 Inter- Club Crew	Event 46	Semi 2
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

**1st, 2nd and best 3rd into finals. Rest to Plate finals.

16:10		MR500 Tertiary/JC Men 20 Crew	Event 47	Heat 1
Lane	Team Name		Position	Timing
1	NYP			
2	SP			
3	SIM			
4	NUS			
5	-			

** 1st, 2nd and best 3rd into finals

16:20		K2 Women	Event 48	Heat 2
Lane	Team Name		Position	Timing
1	TP 'A'			
2	SAJC 'A'			
3	Hwa Chong 'B'			
4	NUS Canoe 'B'			
5	SP 'B'			
6	NJC Alumni 'B'			

**1st, 2nd and 3rd to semi-finals



MR500 2010

16:30		MR500 Tertiary/JC Men 20 Crew	Event 49	Heat 2
Lane	Team Name		Position	Timing
1	RP			
2	NYJC			
3	NTU			
4	-			
5	-			

** 1st, 2nd and best 3rd into finals

16:40		K2 Women	Event 50	Heat 3
Lane	Team Name		Position	Timing
1	NUS Canoe 'C'			
2	NJC 'C'			
3	SAJC Alumni 'C'			
4	SAJC 'B'			
5	NJC Alumni 'C'			

**1st, 2nd and 3rd to semi-finals

16:50		MR500 Inter- Corporate Crew	Event 51	Plate Final
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

Medals for 1st place only

17:00		K2 Women	Event 52	Heat 4
Lane	Team Name		Position	Timing
1	NYJC Kayak 'B'			
2	NUS Canoe 'A'			
3	NJC Alumni 'A'			
4	SAJC Alumni 'B'			
5	NJC 'B'			

**1st, 2nd and 3rd to semi-finals



17:10	MR500 Inter- Corporate Crew	Event 53	Final
Lane	Team Name	Position	Timing
1			
2			
3			
4			
5			

Medals for top 3 placings

17:20	K4 Women	Event 54	Final
Lane	Team Name	Position	Timing
1	Hwa Chong 'A'		
2	NJC 'A'		
3	NUS Canoe 'A'		
4	SAJC 'A'		
5	SAJC Alumni 'A'		
6	NJC 'B'		
7	NTU		

Medals for top 3 placings

17:30	MR500 Tertiary/JC Women 12 Crew	Event 55	Final
Lane	Team Name	Position	Timing
1			
2			
3			
4			
5			

Medals for top 3 placings

17:40	K4 Men	Event 56	Final
Lane	Team Name	Position	Timing
1	Kanoe Sports		
2	SIM 'A'		
3	Hwa Chong 'A'		
4	SAJC 'A'		
5	SAJC 'B'		
6	NTU		

Medals for top 3 placings



MR500 2010

17:50		MR500 Inter-Club Crew	Event 57	Plate Final
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

Medals for 1st placing only

18:05		MR500 Inter-Club Crew	Event 58	Final
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

Medals for top 3 placings

18:20		MR500 Tertiary/JC Men 20 Crew	Event 59	Final
Lane	Team Name		Position	Timing
1				
2				
3				
4				
5				

Medals for top 3 placings

T1 Men		Event 19a	Heat 4
Lane	Team Name	Position	Timing
1	SAJC 'A'		
2	LKC 'B'		
3	Frontcatch		
4	HCI 'B'		
5	NTU Canoeing 'C'		
6	SIM 'B'		

**1st and two best 2nd into finals.